

Join Us for 5 Days of Discovery!

Comfort Goa Retreat

Day 1

Arrive in Goa and check into your comfortable, senior-friendly hotel. After a light lunch, relax on the balcony, then enjoy an evening stroll along Caranzalem Beach before resting for the night.









Day 2

Explore Old Goa's heritage at Basilica of Bom Jesus, then unwind on a Mandovi River sunset cruise with tea and cultural performances.

Inclusion:









Day 3

Begin with chair yoga, explore Panjim's Latin Quarter, relax with an Ayurvedic massage, and enjoy an early sitar dinner.









Ready for an adventure? Visit our website for more details and to book your spot!

Ride a golf cart through spice plantations, enjoy a banana leaf lunch, then relax in a hammock and watch the sunset from your beachfront chair.









Day 5

Departure











Transfers



Meal









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